



Global Age-Friendly Communities

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World Health Organization's Age-Friendly Cities Initiative

“ . . . to engage cities to become more age-friendly so as to tap the potential that older people represent for humanity.”

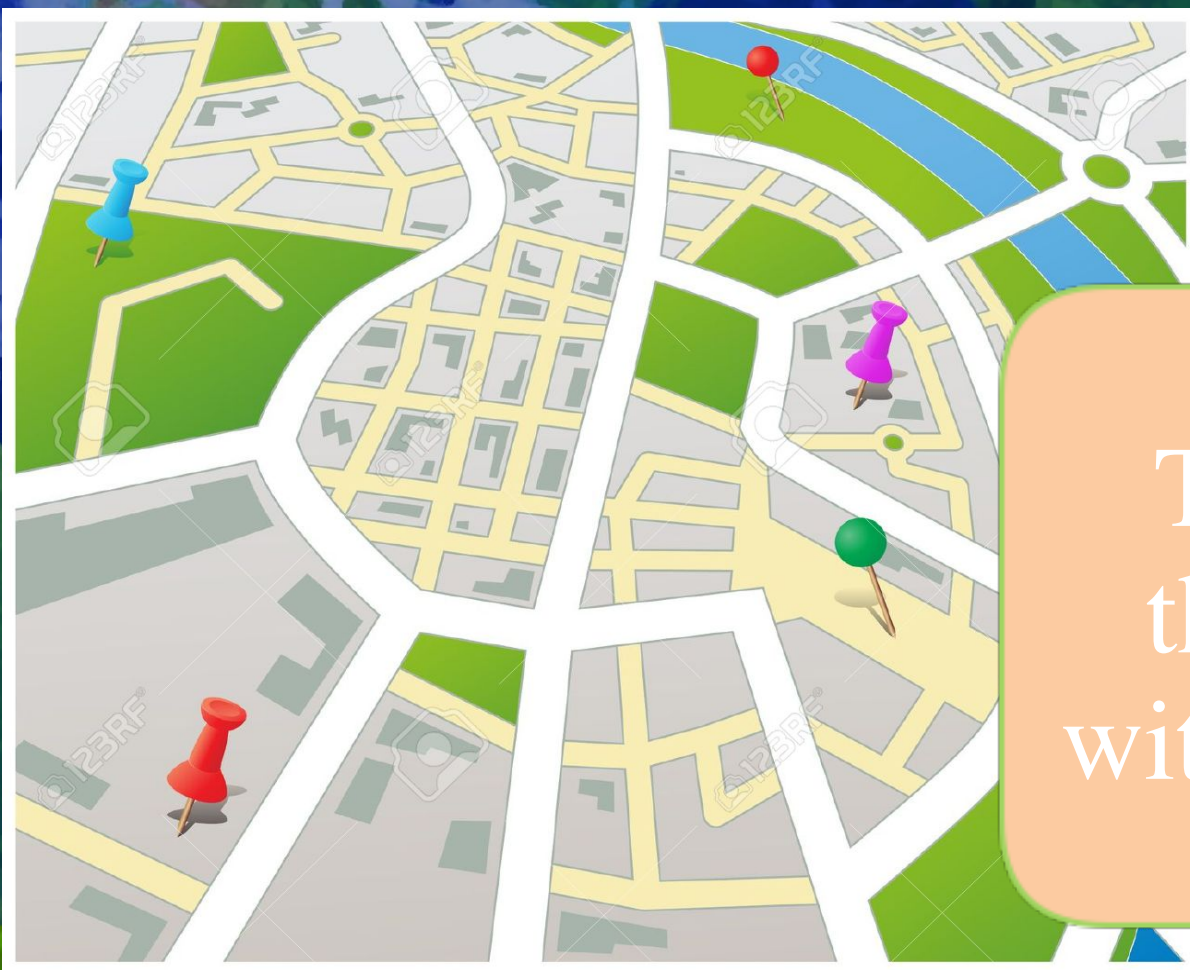
The Potential of Older Adults

Recognize older adults as resources for our

- Families
- Communities
- Economies

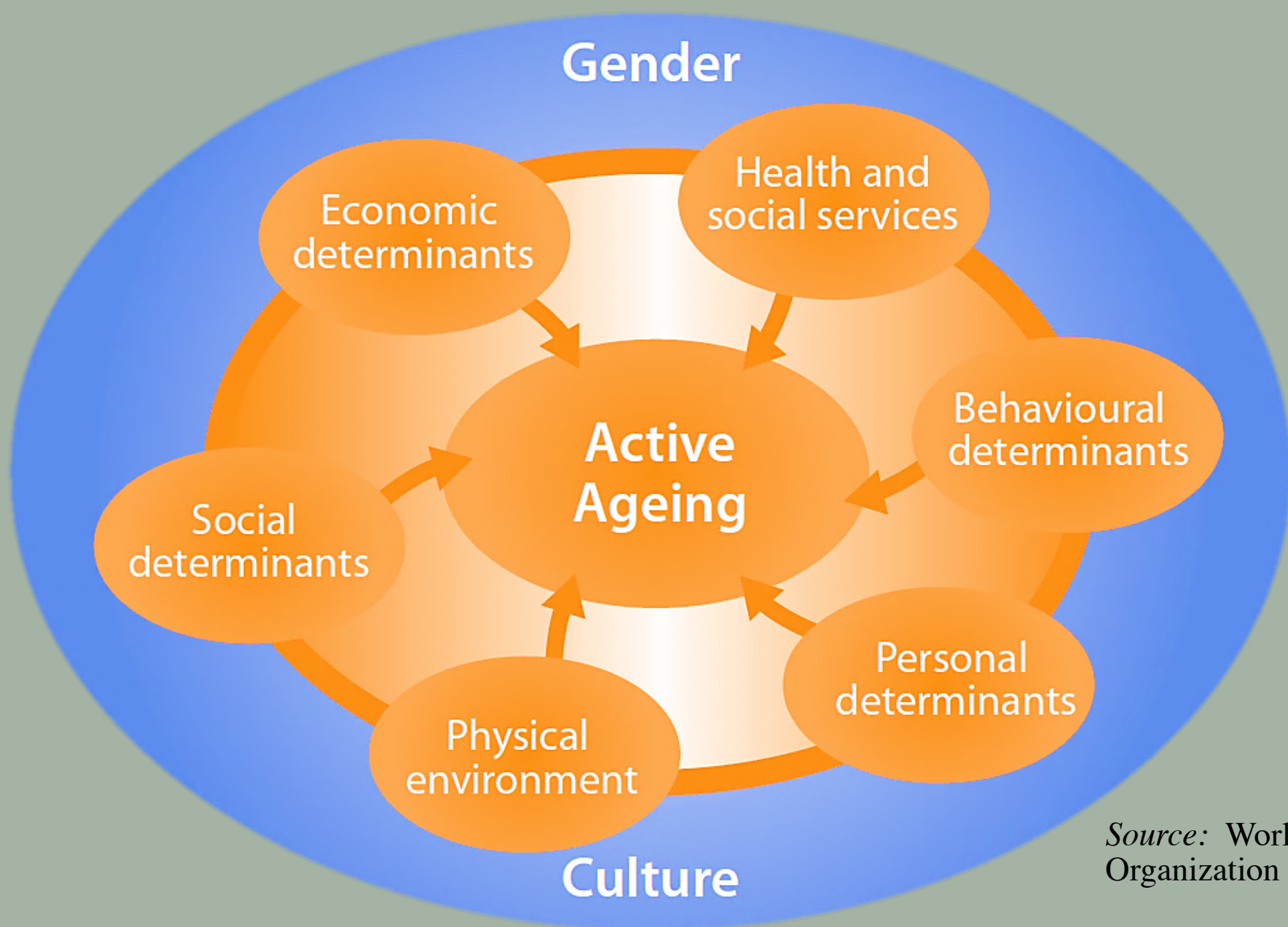


In 2050, older adults will represent 22% of the world's population.



Two-thirds of these will live within city limits.

Determinants of Healthy Aging



Source: World Health Organization

Environmental Concerns



Creating Caring Communities



Gerontologists continue to make major contributions to our understanding of aging and quality of life.

The *Ecological Model of Aging*:
CONTEXT MATTERS

to health, wellness, independence, life satisfaction, and more.



Eight Considerations/Domains

Outdoor spaces and buildings

Transportation

Housing

Social participation

Respect and social inclusion

Civic participation and employment

Communication and information

Community support and health services

Outdoor Spaces and Buildings



Gettin' Around

Transportation

A critical influence
on active aging.

It affects social
participation and
access to community
and health services.



Housing

**Essential to
security and well-
being.**

**Critical factors for
older adults:**

**Location
Structure
Design
Choice**



Social Participation

**Associated with
good health and
well-being:**

**leisure,
social,
cultural,
spiritual, and
family
activities.**



Respect, Social Inclusion

**Respect,
inclusion, and
recognition
from family,
community, and
service
providers.**



Older Workers/Volunteers

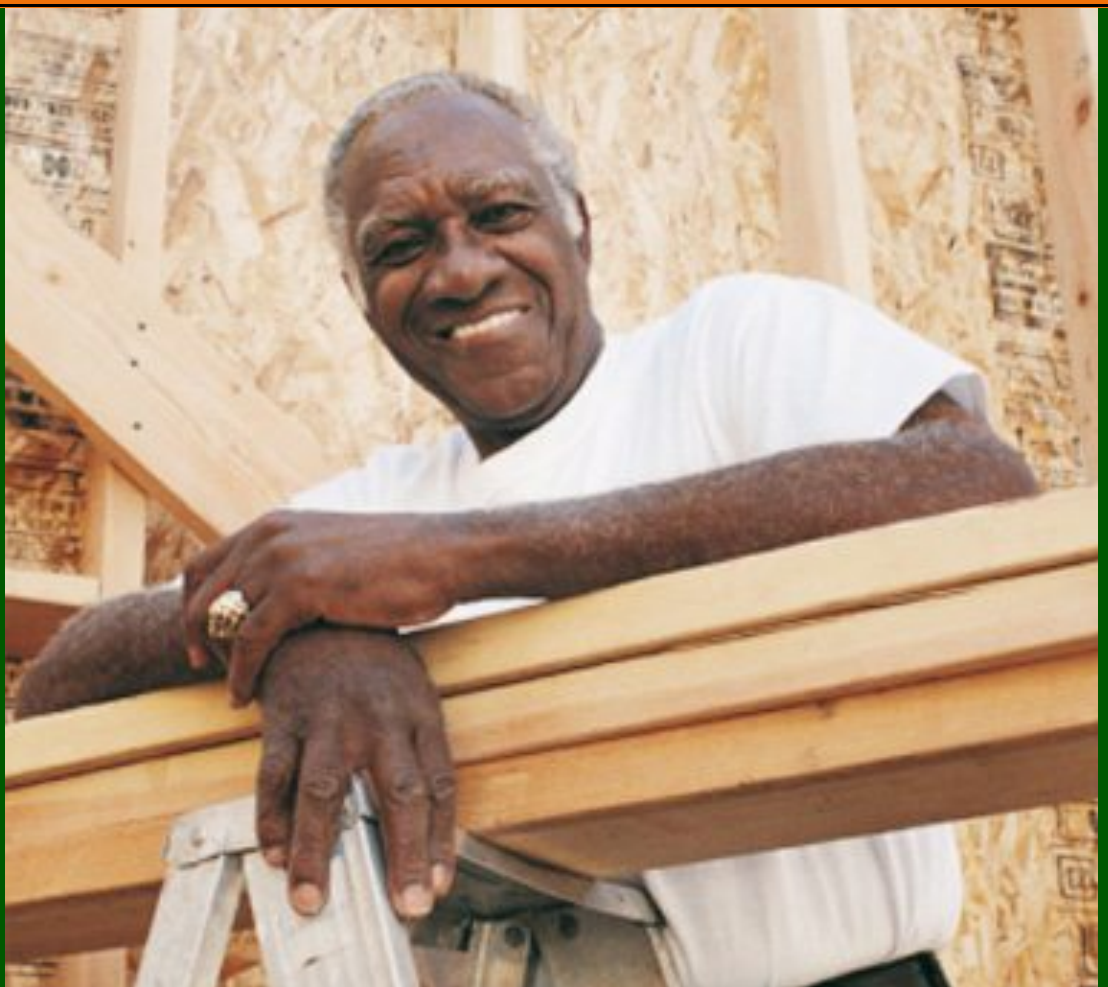
Contributions to communities and economies continue into later life.

Volunteerism

Paid employment

Entrepreneurism

Social perception of older workers



Staying Connected

Information and social inclusivity is critical to healthy aging. Staying linked to

people and events

prevents the fear of being left out of the mainstream.



Health and Human Services

**Sufficient,
high-quality,
available,
appropriate, and
accessible services**

**are vital to staying healthy
and independent.**



The background of the slide features a stylized, textured image. The upper portion shows a globe with blue oceans and green landmasses, partially obscured by a semi-transparent dark blue rectangle. The lower portion of the image shows vibrant green, elongated plant leaves, possibly from a succulent or similar indoor plant, which are also partially covered by the same semi-transparent rectangle.

Global Network of Age-Friendly Cities

Network Membership

Cities participating in a global network commit to a cycle of continually assessing and improving their age-friendliness.



Planning – First Two Years

- **Establish mechanisms to involve older people throughout the Age-Friendly cycle.**
- **Conduct baseline assessment of a city's age-friendliness.**
- **Develop a 3-year city-wide plan based on assessment findings.**
- **Identify indicators to monitor progress.**



Action Plan to W.H.O.

Once a plan is in place, cities submit it to WHO for review and endorsement.

Upon endorsement, cities then have a 3-year implementation period.



Progress Report

After the first period of implementation, you will be required to submit a progress report to WHO outlining progress you have made against the indicators we developed during your planning phase.

Crime Prevention Ambassadors

<http://agefriendlyireland.ie/portfolio-item/crime-prevention-ambassadors/>



- Developed by the National Community Policing Office in partnership with the Age Friendly Program.
- Aim is to support and empower older people allowing them to feel safer in their communities
- Volunteer Ambassadors visit older peers in their local area. Ambassadors provide information, give advice and raise awareness. Local ex: BAT

Fingal Health Route

<http://agefriendlyireland.ie/portfolio-item/fingal-health-route/>

- Fingal County Council partnered with transport provider Vantastic Ltd to pilot a Door to Door Health Route for people over 65
- Fingal County provides free local transport to and from hospitals and other medical appointments
- Offers older people a stress-free way to travel



Ennis Transition Year Project

<http://agefriendlyireland.ie/portfolio-item/ennis-transition-year-project/>

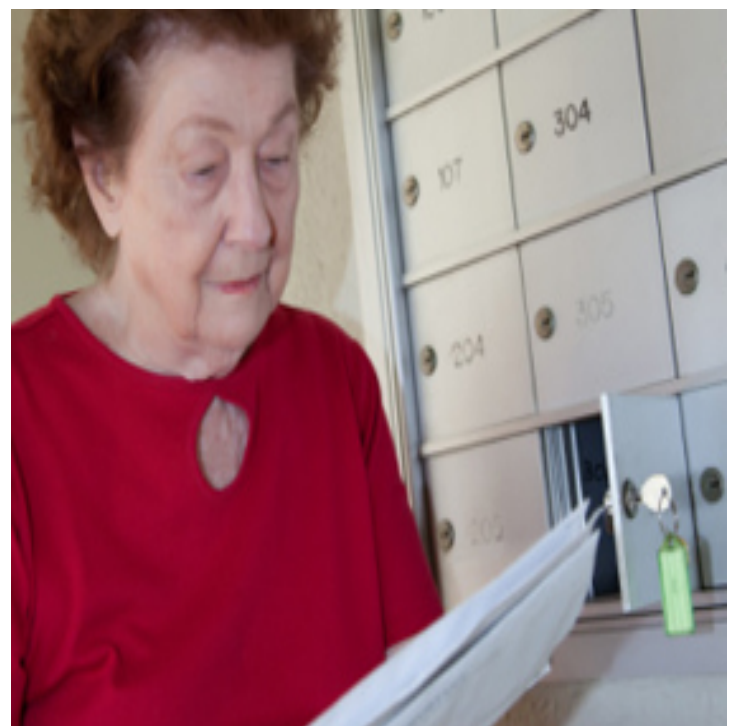


- Over the course of a year, students in Ennis surveyed the older population to find out what their issues and needs were
- Ennis then used this information to design a range of innovative responses
- Some of these responses include improving time at

Carrier Alert Program

<http://www.nyc.gov/html/dfta/html/services/carrier-alert.shtml>

- This program is for older adults who live alone
- When you enroll in Carrier Alert, you provide the Department of the Aging (DFTA) with your address, phone number and information about how to reach your emergency contacts
- If mail accumulates in



SAGE (Services and Advocacy for LGBT Elders)

<http://www.sageusa.org>



- A city wide program in New York that offers activities, programs and services for LGBT seniors
- It's a new full-time senior center open every day and serves dinner every evening
- It provides a wide range of social,

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Older People's Charter

http://www.manchester.gov.uk/downloads/download/6328/age-friendly_manchester_older

- Manchester created a charter to reinforce the existing rights of all older people in Manchester to live in an age-friendly city
- The charter recognizes the diversity of older people, including; gender, ethnicity, sexual orientation,





The Center for Age-Friendly Excellence (CAFE)

CAFE's mission is to advance transformational change to create vibrant, sustainable, supportive and inclusive communities for all generations.



The Center for Age-Friendly Excellence (CAFÉ) partner:

A new group: Age-Friendly Cities Collaborative Silicon Valley has been formed to assist all cities in Santa Clara County to organize, do an assessment and apply to WHO to be A-F!



Parting Thought

Despite the vast diversity of individuals, family forms, and other individual and social variables, features of age-friendly communities are universal.

The background of the entire graphic is a composite image. On the left side, there is a stylized, pixelated representation of the Earth, showing continents in shades of green and brown and oceans in blue. To the right of the globe and extending across the bottom are several green, leafy plants, possibly succulents or small shrubs, rendered in a similar pixelated style. A semi-transparent dark blue rectangular box covers the right half of the image, serving as a background for the text.

CAFE

Center for Age-
Friendly Excellence

www.cfafe.org

*Hope to stay in your home and community?
Try making it more age-friendly!*

<http://880cities.org/>

http://www.pps.org/reference/what_is_placemaking/

[http://www.clevelandclinicwellness.com/mind/stressless/Pages/TheHealthBenefitsof](http://www.clevelandclinicwellness.com/mind/stressless/Pages/TheHealthBenefitsofStressLessLiving.aspx)

<http://www.epa.gov/aging/>

<http://www.epa.gov/aging/bhc/index.htm>

<http://www.aarp.org/home-family/your-home/best-places-to-live.html>

<http://www.who.int/ageing/age-friendly-world/en/>