## Making the Difference: Creating Age-Friendly Institutions and Community in Alameda County - Pathways to Broad, Deep, and Lasting Change - November 12, 2015

## AGE-FRIENDLY SERVICES

This small group discussion considered the following questions:

- 1. Envision your organization/program in an age-friendly community of the future. What would it look like?
- 2. How might it operate differently? How would service provision be different?
- 3. What would be the experience of the older adults served?
- 4. What kinds of systems or structures would need to be in place to move from idea to action?

The group had the following insights and ideas:

- One-stop Shop
- Transportation door-to-door → free and fully accessible
- Social workers who come out of their offices [to visit people in home and community]
- Reduce isolation
- Increase social engagement
- Clearinghouse for senior resources
- Food access
  - Transportation to and from markets
  - availability
  - farmer's markets
- Safety
  - More street lighting
  - Inside and outside
  - Grab bars, ramps etc.
    - Who needs them?
    - \$\$ for materials, install
  - Core data source for cross-referrals
  - Health, dental care → access/affordability
- Respect
  - by community
  - by service workers
  - training and education campaign