Supportive Services Demonstration for Elderly Households in HUD-Assisted Multifamily Housing

Overview and Purpose of NOFA

- **National Competition for $15 million**
- **Applications due April 2016**
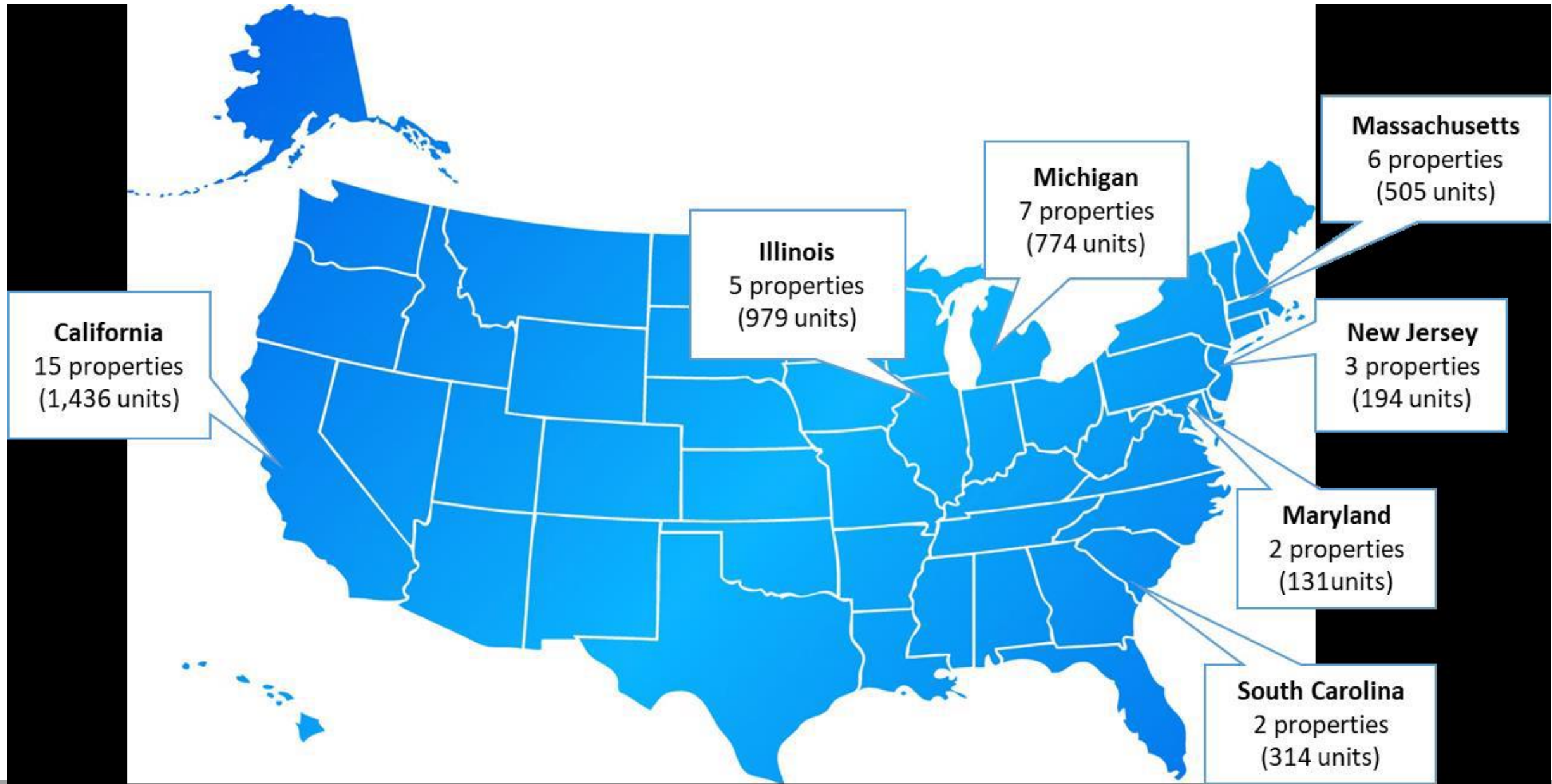- **Submitted 12 applications and 3 selected**

Purpose

- To implement and evaluate a housing-based, person-centered, supportive services and wellness model designed to **facilitate** successful **aging in community** by:

-helping residents proactively **address** their **health** and **social needs**

-maximize their independence, well-being and quality of life

Criteria of Selection

- **States with enough applications**

- **Lottery process**

- **Must have at least 50 apartments**

- **Eligible resident-62 years and older**

- **Why we choose the ones we applied for**

- **Enriched in Services**

California
15 properties
(1,436 units)

Illinois
5 properties
(979 units)

Michigan
7 properties
(774 units)

Massachusetts
6 properties
(505 units)

New Jersey
3 properties
(194 units)

Maryland
2 properties
(131units)

South Carolina
2 properties
(314 units)

Integrated Wellness in Supportive Housing

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Who We Serve

Allen Temple I

77 Residents

- 5.2% 18-61
- 72.7% 62-80
- 22.1% 81-95
- 84% Hypertension
- 76% Arthritis
- 49% Diabetes
- 30% Mental Health

Allen Temple II

50 Residents

- 8% 18-61
- 64% 62-80
- 22% 81-95
- 6% 96 and over
- 82% Hypertension
- 26% Stroke
- 38% Diabetes
- 40% Mental Health

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Existing Community Partners

- **Mercy Brown Bag**

- **Episcopal Senior Communities/Produce Market**

- **Multipurpose Senior Services Program/Case Management**

- **Center for Elder's Independence**

- **City Slicker Farms**

- **PEERS-Peers Envisioning and Engaging in Recovery Services**

- **Kaiser**

- **Qigong-Shaolin Life**
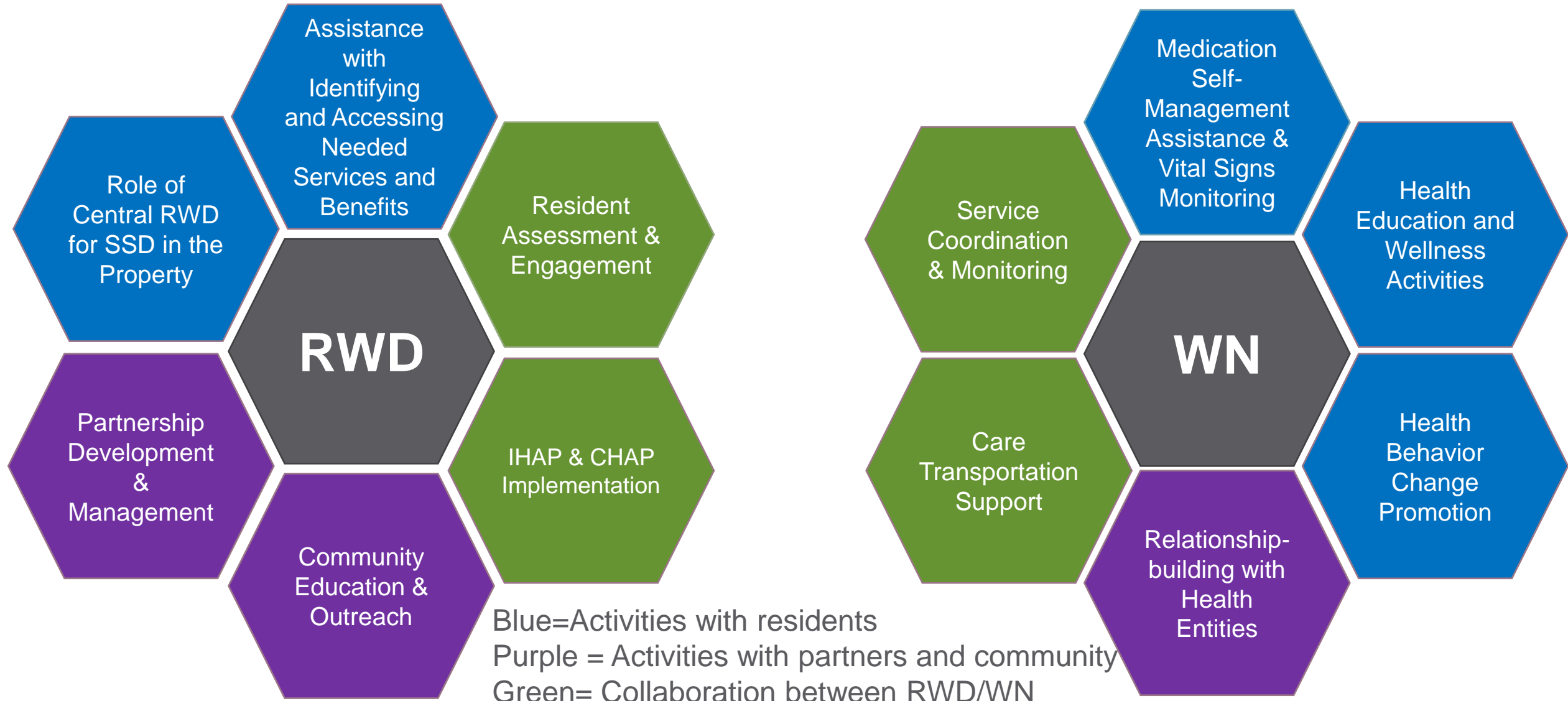
- **Soul Injury Life Planning**

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Position Overview and Expectations

- **The Wellness Nurse:** primarily role will include health monitoring, health education and coaching…and will not engage in direct clinical care

- **Resident Wellness Director** will make outreach efforts to engage ALL residents in a more proactive and comprehensive manner.

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Key Components of Staff Roles

Role of Central RWD for SSD in the Property

Assistance with Identifying and Accessing Needed Services and Benefits

Resident Assessment & Engagement

RWD

Partnership Development & Management

Community Education & Outreach

IHAP & CHAP Implementation

Service Coordination & Monitoring

Medication Self-Management Assistance & Vital Signs Monitoring

Health Education and Wellness Activities

WN

Care Transportation Support

Health Behavior Change Promotion

Relationship-building with Health Entities

Blue=Activities with residents
Purple = Activities with partners and community
Green= Collaboration between RWD/WN

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