

Health Impacts of Rising Rents and Displacement on Older Adults

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place matters



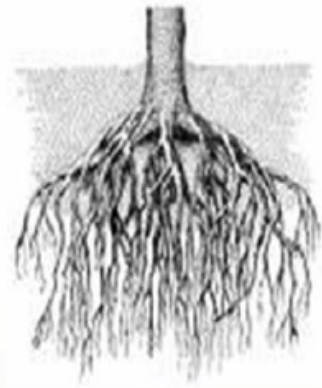
community engagement | criminal justice | economics | education | housing | land use + transportation

Our Health Equity Lens: Concentrated Poverty and Segregation Matter

Historical Roots of Racial Segregation and Concentrated Poverty

Discriminatory mortgage
underwriting
by FHA/VA

Racial redlining



Disinvestment and
urban decline

Middle class and white
flight to the suburbs

Racial steering
and block-busting

Displacement caused
by urban renewal



Community-level impacts



Seniors are increasingly moving to Eastern Contra Costa or out of the region.

- 32,803 renter households age 65+ in Alameda County
- 65.2% of them are paying more than 30% of income for rent

African American population severely reduced:

- Alameda County lost 38,639 African Americans
- Oakland saw a 26% decline
- Berkeley saw a 37% decline

Overcrowding is rising:

- 7.9% of renter households in 2006-2010 to a rate of 10.2% in 2011-2015.

How Housing Affects Health



HOUSING ISSUES

Housing cost burden
Overcrowding
Substandard housing conditions
Housing instability
Evictions
Displacement
Homelessness

SOCIAL FACTORS

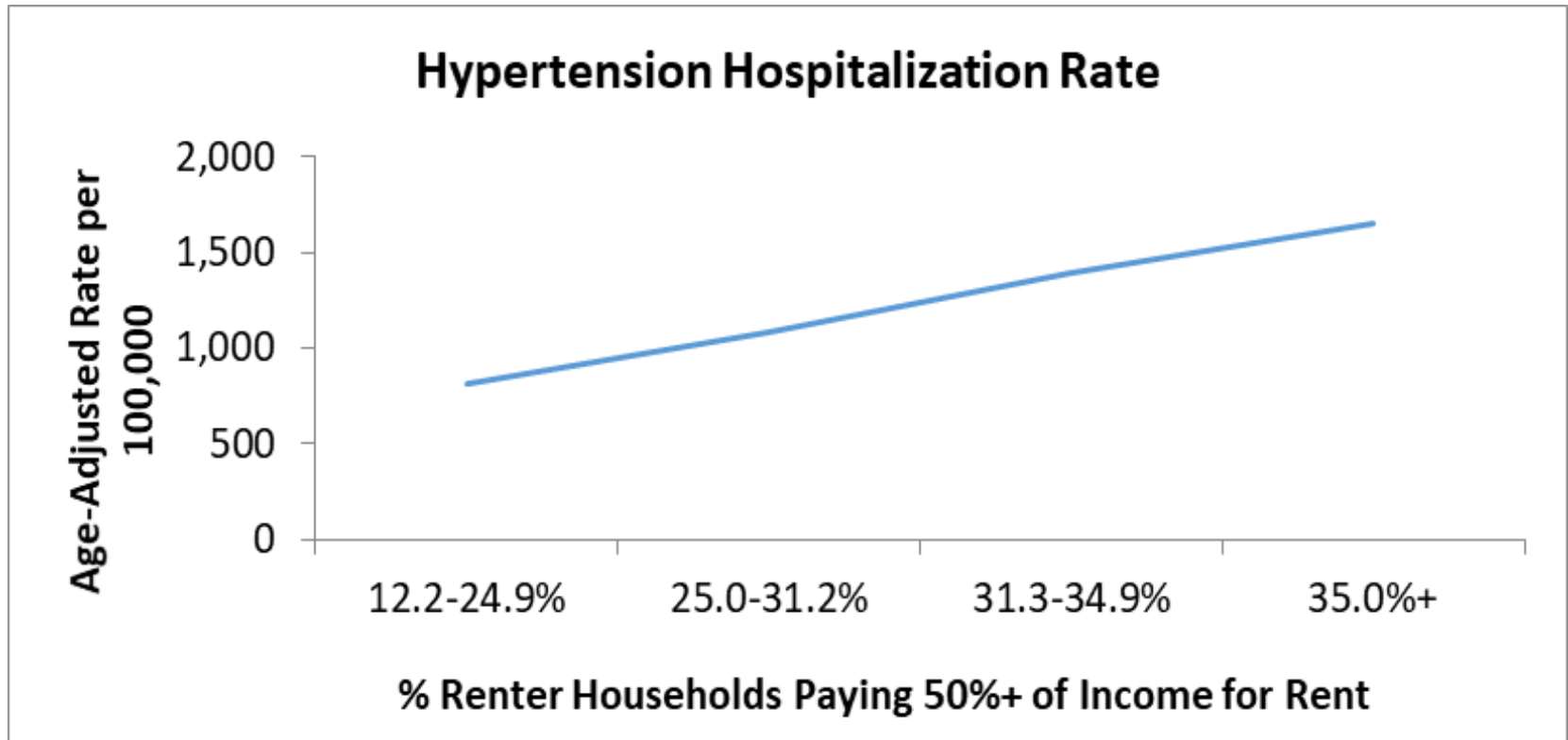
Financial instability
Poorer educational outcomes
Increased commute times
Neighborhood instability
Disruption of social networks & cultural supports
Difficulty attending school & work

HEALTH OUTCOMES

↑ chronic stress
↑ heart disease
↓ money for necessities (food, transportation, medical care)
↑ in missed appointments due to housing issues
↑ respiratory infections (e.g. tuberculosis)
↑ headaches, fever, skin disease, asthma
↑ hospitalization
↑ trauma
↓ mental health
↓ child development

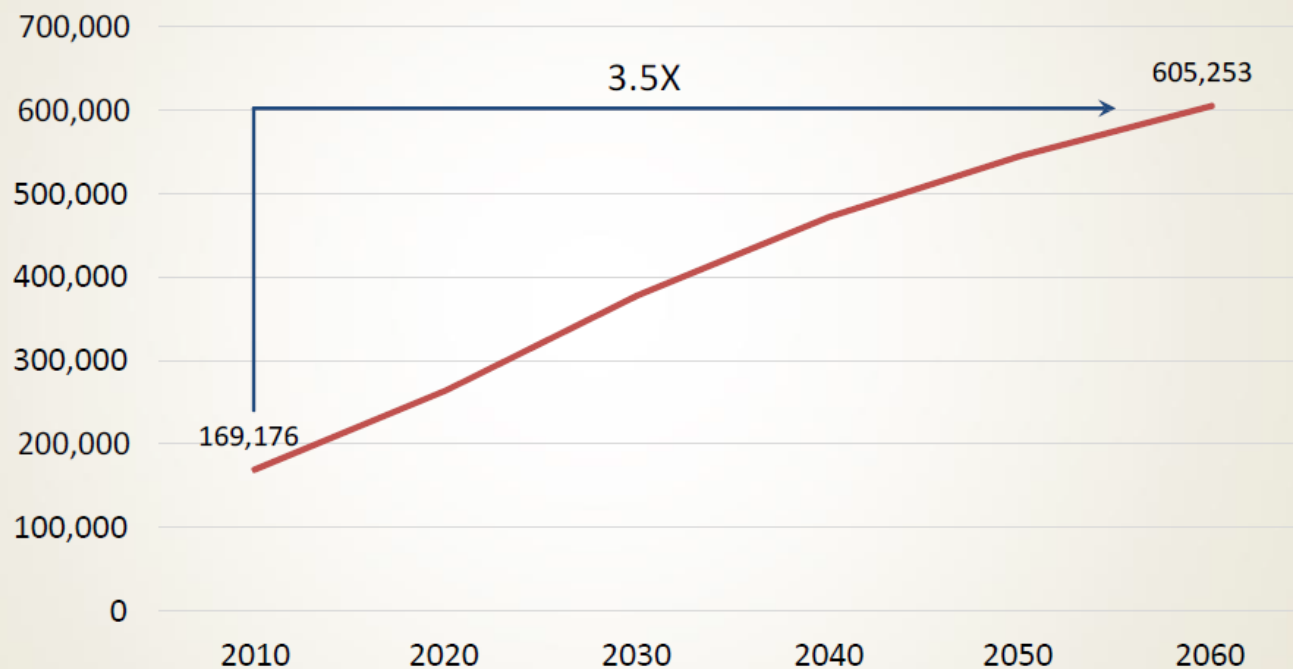
↑ morbidity & mortality

Health indicators correlated with housing

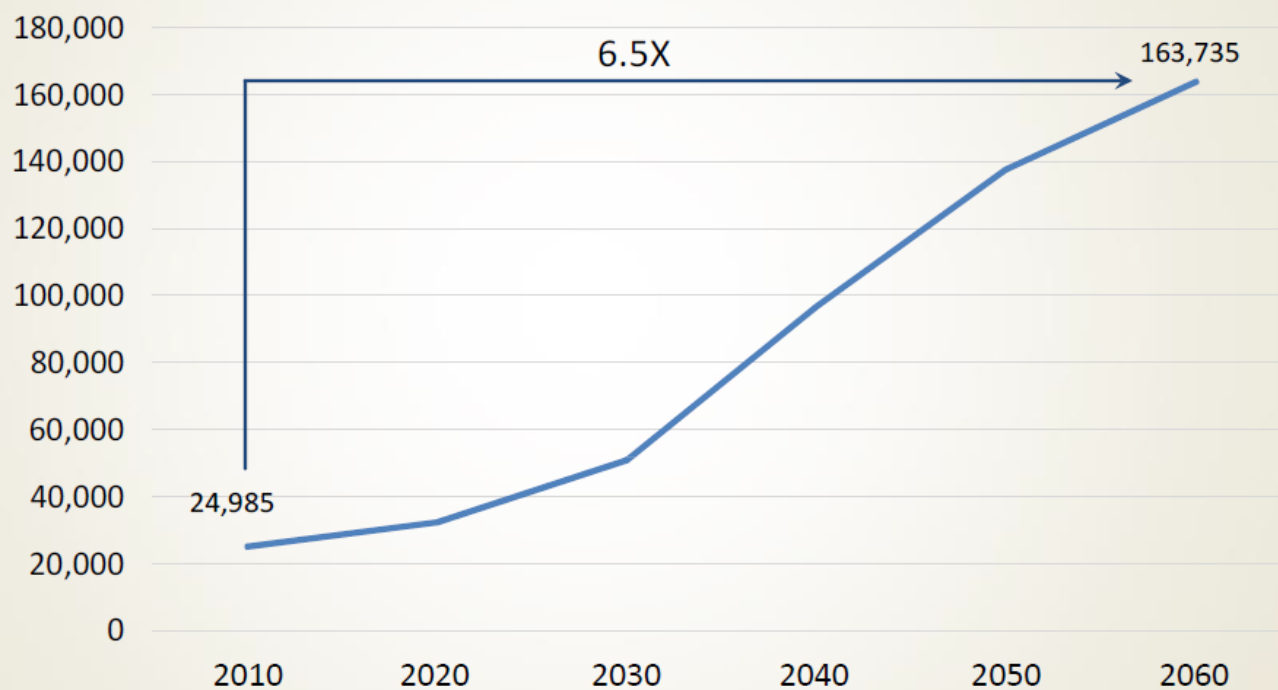


*CAPE, with data from the California Office of Statewide Health Planning and Development, 2012-2014, and American Community Survey 2014 5-Year Files.

Changing Population in Alameda County, 65+ Years



Changing Population in Alameda County, 85+ Years



Older Adults, Healthy Results

- Home visiting, nurse case management program
 - Age 60 or older
 - Medi-Cal eligible
 - At least one functional impairment
 - 2+ chronic health conditions
- Launched in Nov 2017
 - 110 referrals, 70 cases
 - Goal is to help our clients to remain living safely in their homes and communities by promoting wellness and supporting function.

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Prioritize protecting people and communities

- Protect people from displacement
 - Commit to tenant rights and protections
 - Address habitability and rehab needs for aging in place
- Preserve and produce affordable housing

